### Contact

#### **Reflect Dudley**

Barnardo's Black Country Roots Blantyre House 4 Barrack Lane, Halesowen West Midlands B63 2UX Tel: 01384 411722

#### **Head Office**

Tanners Lanes
Barkingside, Ilford
Essex IG6 1QG
Tel: 0208 550 8822

# Having Your Say.....

We want to make sure that you have found this service to be helpful and to learn from you how we might improve it. You have a right to be involved in the decisions we make about your service and we appreciate your comments.

We can offer you support so you can tell us what you think, listen to you, records your suggestions, involve you in decisions and tell you what is happening.

If you are not happy with your services please tell us by getting in touch with your local Children's Services Manager on your contact number: **01384 411722.** 

#### @Barnardos Facebook Barnardos

www.barnardos.org.uk

Barnardo's Registered Charity Nos: 216250 and SC037605

# Reflect

Understand your past, work with your present, achieve your future



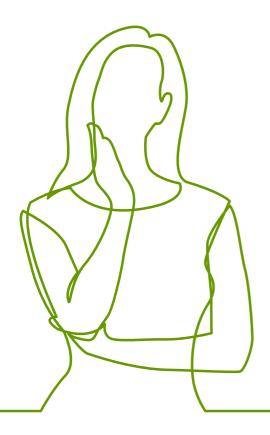




# What is Reflect Dudley?

- Have you had a child removed for adoption or under a special guardianship order?
- Are you 18 or over?
- Would you like someone to be there for you?

Reflect can offer support at this very difficult time in your life. We are here to help you understand your past and make the changes needed for your future.



## What can we do?

One to one support for women (and partners) that may include:

- Contraceptive advice and support
- Housing issues
- Self-esteem and confidence building
- · Finding services that can help you
- Listening and advising
- Education and employment

Reflect Dudley will support you to develop new skills and to take the positive steps that you identify as being most important.

## Our Team:

Our Team consists of a team manager and two project workers who work across the Dudley borough.